

Milla Nova Sizing Guide

Size	CAN Size	EU Size	Bust, cm	Waist, cm	Hips, cm	Bicep, cm	Distance between high breast points, cm
XXS	0	32	80	60	88	26	17
XS	2	34	84	64	92	27	18
S	4	36	88	68	96	28	19
M	6	38	92	72	100	29	20
L	8	40	96	76	104	30	21
XL	10	42	100	80	108	32	22
XXL	12	44	104	84	112	34	22.5
XXXL	14	46	108	88	116	36	23
IVL	16	48	112	92	120	38	23.5
VL	18	50	116	96	124	40	24
VIL	20	52	120	100	128	42	24.5
VIIIL	22	54	124	104	132	44	25
VIIIIL	24	56	128	108	136	46	25.5

To determine your size, you will need the following:

- 1) a soft measuring tape
- 2) someone to assist you

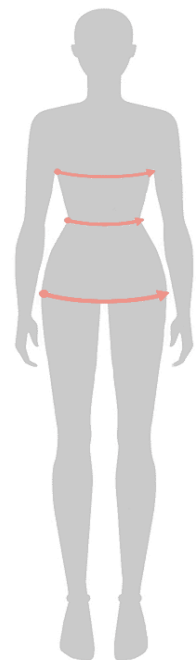
We recommend taking your measurements in your undergarments for the most accurate sizing.

The measurements you will need are:

Bust While wearing an unpadded bra, measure around the fullest part of your bust so that the tape fits comfortably and not too snug.

Waist Measure around the thinnest part of your waist where you naturally curve inward.

Hips Measure at your lower hip where your measurement is the largest. Make sure the tape is not too tight.



If you are measuring at different sizes, please order your gown in your largest size.

For example, your Bust measures 78 cm (size 0), Waist 72 cm (size 6), and Hips 102 cm (size 8), you should order size 8. Your gown will be made to fit perfectly during your dress alterations.